

## Guidance and Counseling Program for Marriage and Family Readiness for MA Students

Resnawati Agustiani<sup>1</sup>, Abas Mansur Tamam<sup>2</sup>

<sup>1&2</sup> Universitas Ibn Khaldun, Indonesia

\*resnawatiagustiani4@mail.com

### Abstract

*The purpose of this study is to produce guidance and counseling programs for marriage and family readiness for students in Madrasah Aliyah (MA). Guidance and Counseling Program Marriage and family readiness is a developmental task for students to minimize divorce rates. The research method used in this study is qualitative field research. Data collection tool through observation, interviews, and documentation. The results of the program formulation and marriage and family readiness counseling for MA students were tested for validity through a Focus Group Discussion (FGD) with 4 experts namely: religious experts, linguists, psychologists, and education experts. The results of this study can describe that the guidance and counseling program for marriage and family readiness at Al-Amin Islamic Boarding School in a structured manner does not yet exist, the implementation at Al-Amin Islamic Boarding School is carried out in the Tsalasa Tsanawi class. Through the study of the classic Uqudulujein. Whereas at the Office of Religious Affairs (KUA) the guidance and counseling program for marriage and family readiness for prospective brides is held once on Wednesday, starting at 09: 00-12: 00. Through sakinah family foundation module. This marriage preparation guidance and counseling program for Madrasah Aliyah (MA) students is based on Permendikbud No. 111 of 2014, through basic services that refer to readiness in the field of personal services (Jasadiyah), social fields (Ijtimaiyah), learning fields (Ilmiah) and career fields (Maaliyah)*

### Abstrak

Tujuan dari penelitian ini adalah menghasilkan program bimbingan dan konseling untuk kesiapan perkawinan dan keluarga bagi siswa Madrasah Aliyah (MA). Program Bimbingan dan Konseling Kesiapan perkawinan dan keluarga merupakan tugas perkembangan mahasiswa untuk meminimalkan angka perceraian. Metode penelitian yang digunakan dalam penelitian ini adalah penelitian lapangan kualitatif. Alat pengumpulan data melalui observasi, wawancara, dan dokumentasi. Hasil perumusan program dan penyuluhan kesiapan nikah dan keluarga untuk mahasiswa MA diuji validitasnya melalui Focus Group Discussion (FGD) dengan 4 orang ahli yaitu: ahli agama, ahli bahasa, psikolog, dan ahli pendidikan. Hasil penelitian ini dapat menggambarkan bahwa program bimbingan dan konseling perkawinan dan kesiapan keluarga di Pondok Pesantren Al-Amin secara terstruktur belum ada, implementasi di Pondok Pesantren Al-Amin dilaksanakan di Pondok Pesantren Tsalasa Tsanawi. kelas. Melalui studi tentang Uqudulujein klasik.

### Article Information:

Received August 25, 2020

Revised November 30, 2020

Accepted December 10, 2020

**Keywords:** Guidance and Counseling Programs; Marital Preparedness; Family

**Kata Kunci:** Program

Bimbingan dan Konseling;  
Kesiapsiagaan Pernikahan;  
Keluarga

**How to cite:** Agustiani, R., & Tamam, A. M. (2020). Guidance and Counseling Program for Marriage and Family Readiness for MA Students. *Prophetic Guidance and Counseling Journal*, 1(2). doi: 10.32832/pro-gcj.v1i2.3380  
E-ISSN:2614-1566

**Published by:** LPPM Universitas Ibn Khaldun Bogor & Program Studi BKPI UIKA

Sedangkan di Kantor Urusan Agama (KUA) program bimbingan dan penyuluhan untuk kesiapan perkawinan dan keluarga bagi calon pengantin dilakukan satu kali pada hari Rabu, mulai pukul 09.00-12.00. Melalui modul yayasan keluarga sakinah. Program bimbingan dan konseling persiapan nikah bagi siswa Madrasah Aliyah (MA) ini berpedoman pada Permendikbud Nomor 111 Tahun 2014, melalui pelayanan dasar yang mengacu pada kesiapan di bidang pelayanan pribadi (jasadiyah), bidang sosial (Ijtima'iyah), bidang pembelajaran (Ilmiah) dan bidang karir (Maaliyah)

## **Introduction**

Marriage preparation is an important developmental task in adolescence. The high number of young couples divorced due to their unpreparedness in marriage indicates the large number of young couples who actually have not paid attention to their readiness to get married. The lack of readiness to marry the two partners is one of the most dominant causes of divorce. The causal factors that occur in divorce currently occur due to factors of Domestic Violence (domestic violence), leaving one partner, all starting from lack of financial readiness.

Marriage readiness is important to form a harmonious family. In RI Law No. 1 of 1974 concerning marriage states that "marriage is only permitted if men and women have reached the age of 19 years. (Law No. 1 of 1974).

Rosulullah Said in his hadith: "Whoever has the ability to marry and then he is not married then he is not among my people" (HR Thabrani and Baihaqi).

In Islam there are no fixed and definite rules regarding the minimum age of marriage, only there is readiness of both parties to prepare for marriage, someone who has aqil baligh and has provision and is able to fulfill obligations both physically and mentally, physically has matured. sexually and in terms of reason has reached maturity of thinking which is characterized by the nature of intelligence takes a healthy consideration in deciding something and is responsible, in terms of material he can make a living

It can be concluded that in this case marriage requires readiness of each partner in marriage. Marriage readiness consists of preparing Ruhiah, preparation for scholarship, preparation for Ahmadiyah, preparation for maaliyah, and preparation for ijtima'iyah.

In the age of marriage because of the background of several things including: promiscuity one of which is dating so that the number of cases of unwanted pregnancy, without any preparation that causes families are often out of harmony, often bickering, infidelity, occur domestic violence, vulnerable to divorce Before this continues more late, it is necessary to have a real corrective action, namely by holding a marriage counseling and counseling program to get married and have a family, with the expectation that students have skills in addition to being applied directly after entering the marriage level, so that when they enter the marriage later have a good preparation scientifically, financially, mentally or socially so as to minimize the occurrence of divorce.

After reviewing the phenomena of the problem above, to find solutions and reduce existing problems, then in this research opportunity. This shows the importance of efforts to increase the maturity and readiness of marriage and family for students so as to minimize divorce rates. The researcher raised the title of the research on: "Guidance and Counseling Program for Marriage and Family Readiness for Madrasah Aliyah (MA) Students." Thus, the framework of research thinking is as follows

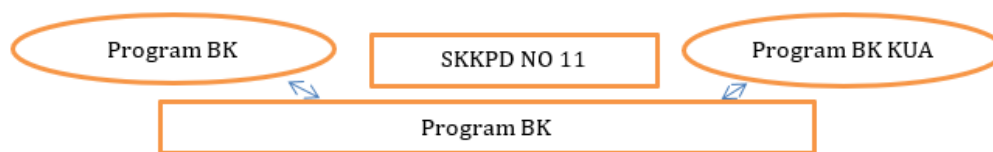


Figure 1: The Framework Chart

Search for relevant or similar research results that is a study of research results or works that discuss the same object with the researchers select from previous researchers Journal written by Ahmad Zaini STAIN Kudus, One of the objectives of marriage as stipulated in the ar-Rum verse 21 is to gain peace, comfort, love and affection. The basic principles of Islamic marriage that must be known by marriage counselors can be formulated as follows: In choosing a prospective husband / wife, the religious / moral factor of the candidate must be first considered before descent, appearance and property. That marriage or married life is the sunnah of the Apostle for those who have been able .. For those who have not been able to be told to be patient and fasting

but if the impulse of marriage is out of control even though the economy is not ready, while he is afraid of falling into adultery, then religion tells him to marry. In living a married life, there are times when both joy and sorrow are overwhelmed. For this reason marriage guidance is needed as a preventive or preventive measure to avoid disputes within the household. However, if a dispute has occurred then counseling is needed as a form of curative or finding the best solution. Because of that marriage guidance and counseling is needed as a process of assistance to husband and wife who are experiencing problems so that life returns to normal as before.

Research written by Angry, Journal of Women's Religion and gender Vol. 17, No. 2, 2018, Pg. 151-165 The purpose of this study is to explore the implementation of premarital counseling for prospective brides by the City of Pekanbaru BP4. This study uses a participatory action research approach. Data collection is obtained through observation, interviews and documentation. The target object consisted of 14 organizers of premarital counseling organizers. The collected data were analyzed using qualitative descriptive analysis. The research findings found that the implementation of premarital counseling for brides by BP4 Pekanbaru City consists of two programs, the first is a regular program funded by the Ministry of Religion of the City of Pekanbaru, the second is an independent program whose costs are borne by participants (prospective brides). The implementation of premarital counseling for bride and groom by the BP4 city of Pekanbaru has not been gender-oriented. The material contained in the pre-marital guidance book is not yet containing gender either as a specific subject, or in explanation. Likewise in the delivery of material by the instructor, there is no explicit gender content in sight.

Research written in Proceedings of the XXI National Convention Bandung Association of Guidance and Counseling Bandung, April 27-29, 2019 Teenagers are one of the periods that determine the direction of career development, this is because in adolescence they will be required to be able to master various kinds of developmental tasks. In this development task there are various kinds of tasks that must be mastered by adolescents and related to the industrial revolution 4.0 including teenagers being required to be able to choose and prepare a job. In developmental tasks that require adolescents to be able to choose and prepare for work, the role of guidance and counseling teachers who use basic services will greatly help adolescents face and prepare for the industrial revolution 4.0. From the facts in the field, it

was found that there were teenagers who had not made a choice as to the type of work they might undergo after completing their education. The purpose of this study is to look at the level of understanding of adolescents about the task of adolescent development and understanding of the industrial revolution 4.0. The research methodology used is the study of literature. From the explanation above it was found that the BK teacher was needed in guiding and preparing youth in understanding the task of development and understanding of the industrial revolution 4.0 through a variety of services contained in guidance and counseling, these services include basic services and individual planning services.

Research titled the experience of living family life for married individuals in adolescence written by Ulivia Nailaufar, Ika Febrian Kristiana *Journal of Empathy*, 2017 Volume 7 No 3 Marriage experiences in adolescents are focused on outward and inner experiences related to the role of adolescent boys and men young women in living a married life. This study aims to understand and describe the experience of living a family life for individuals who are married in their teens. This study uses a qualitative descriptive phenomenological approach. Data collection uses in-depth interviews on the subject. Data were analyzed using data replication methods. The research subjects consisted of two people, namely one woman and one man who were selected using a purposive technique. The results showed that the experience of living a family life for both subjects who were married in their teens was almost the same, namely: 1) The process of marriage in adolescence carried out by both subjects was not well prepared 2) Both subjects faced conflicting family life that was difficult to solve; 3) Divorce is a choice taken by both subjects to get out of family conflict; 4) Both subjects reoriented living post-divorce life in a different way, namely that the DPJ subject chose to postpone the next marriage when everything was ready. DAP subject remarried.

Research written by Sari Mawaddah, Lely Safrina, Marty Mawarpuri, Syarifah Faradina, *Empati Journal*, Vol. 8 No. 1 in 2019. Married Readiness is a process of preparation carried out by couples who want to get married to avoid conflict and achieve a happy marriage. A good marriage readiness will affect the marriage and reduce divorce. Marriage readiness must be done by men and women in order to achieve a prosperous household life. Differences in the characteristics of attitudes and thoughts between men and women contribute to the process of individual marriage readiness.

*Counseling Journal Andi Matappa* Volume 1 Number 2 August 2017. Pg 125-130 p-ISSN: 2549-1857; e-ISSN: 2549-4279 written by Rizqi Maulida Amalia, Muhammad Yudi Ali Akbar, Marriage and family as a social institution have a system and rules that govern relationships among family members. Family life rules or norms function as a stronghold for these families in facing challenges and various dynamics of life. Strengthening the family begins with the choice of partner as Islam teaches. The role of Islamic counseling for partner selection and marriage readiness in this study wants to see how Islamic counseling can be a provision and guide in the selection of partners according to Islamic teachings to make the family *sakinah mawaddah warahmah*. Using qualitative methods with Islamic counseling as the approach given to participants as well as subjects in this study. Also used the mate selection questionnaire as an instrument to see how the role of counseling has been given. The results showed that pre-marital Islamic counseling that has been carried out in this study can provide a better understanding to the participants of premarital counseling. This is indicated by 84% of core participants having better post test scores than before taking part in a pre-wedding counseling series in the form of thematic lecture material, interviews, discussions and sharing

Based on previous research that the readiness of marriage and family needs to be prepared by counselors at Madrasah Aliyah (MA) level to achieve the goal of competency independence of students (SKKPD), therefore researchers in this case will produce a product "Counseling counseling program for marriage and voluntary readiness for students of Madrasah Aliyah (MA) " with the aim to facilitate the development of students / counselees in achieving independence. Guidance and counseling is an integral component of the education system in each education unit, which seeks to facilitate and empower students / counselees to achieve full and optimal development. In this study, researchers will create guidance and counseling programs for marriage and family self-readiness, the program consists of annual programs, semester programs, monthly programs, weekly programs and daily programs that will be used by counselors in delivering material and counselees as scientific provisions for facing marriage in the future, thus minimizing divorce in married adolescents without having good readiness for Ruhiah, Ilmiah fikriyah, Jasadiyah, Maaliyah and Ijtimaiah. Marital readiness based on Student Competency Standards (SKKPD) No. 11 namely Self Readiness for Married and Family, is a developmental task for high school and college level students that must be achieved by the counselee.

Readiness in psychology is a state of being prepared both physically and psychologically for commitment and responsibility in marriage. Marriage is a bond through a contract that is carried out in accordance with the laws and teachings of Religion. Family are two pairs of men and women who have bound themselves through Aqad so that they have their respective roles as fathers, mothers, and emerging children.

There are several factors that influence marriage readiness consisting of two parts, namely the first Personal Preparation, in this case personal preparation includes: Emotional Maturity that is influenced by age, social maturity that is influenced by the environment such as long-term courtship, and emotional health and role preparation. Second Conditional Preparation in this case includes financial resources, and time resources.

Some differences between men and women in dealing with readiness to get married and have a family not only in the organs but will occur in the psychological (Kamal, 2015: 25)

Table 1: Psychological differences in general men and women

Different aspects	Male psychology	Women's psychology
<b>Brain</b>	men are very difficult to change quickly from the state of thinking and concentrating on the state of prejudice and sympathy	women are very easy to do that
<b>How to see the world outside of himself</b>	looked with a focused view	look broadly
<b>Focus of attention</b>	his attention was drawn to life's struggles, job success and improvement on one thing	women are very concerned about love, conversation and beauty and social relations
<b>Reaction to difficulties and problems</b>	react quietly and focus on solving the problem	interact with the problem by way of talking (confide)
<b>Encouragement to couples</b>	excited and more interested in his partner if his wife really needs it	feel excited and more interested if she feels her husband appreciates and loves her
<b>Psychiatric Conditions</b>	often menyendiri, think for themselves, and stay away from their partners aim to get peace and solution to the problem	like sea waves, in this phase he wants to communicate it

<b>Emotional needs</b>	trust him, accept what he is, appreciate what he is doing, admire him, approve of his actions, encourage and support him	guarding and caring, understanding, respecting, sacrificing for himself, given his rights and not being told his mistakes, strengthening love to him continuously
<b>The value of kindness is given</b>	he favor given to him depends on the size, price or value of the act	any gift big or small is the same value but a big impact for him
<b>How to ask for help</b>	don't expect help from others if he doesn't ask for it	A woman doesn't need to say that she needs help

## Method

The research method used in this study is qualitative field research. Data collection tool through observation, interviews, and documentation. The purpose of the first research was to find out the guidance and counseling program for marriage and family readiness at Al-Amin Islamic Boarding School and the Office of Religious Affairs (KUA) in Cigombong District. Secondly to produce guidance and counseling programs for marriage and family readiness for students at the Madrasah Aliyah (MA) level.

The results of the program formulation and marriage and family readiness counseling for MA students were tested for validity through Focus Group Discussion (FGD) with 4 experts namely: religious experts, linguists, psychologists and education experts.

## Result and Discussion

### A. Guidance and Counseling Program for Marriage and Family Readiness in Pondok Pesantren Al-Amin Cicurug Subdistrict, Sukabumi

Guidance and Marriage and Family Readiness Guidance and Counseling Programs at Al-Amin Cicurug Islamic Boarding School have not been structured yet, but the implementation of the marriage and family readiness program has been carried out through the study of the classic Uqudulujein book given at Tsalasa Tsanawi class level.

According to the book written by (Salim A. Fillah, 2017: 43) That in preparing for marriage one of them is the preparation of Ilmiah Fikriyah which is scientific preparation. First Preparations for Ilmiah Fikriyah, In this case the curriculum at Al-Amin Islamic Boarding School attempts to equip students at the Tsalasa Tsanawi and Takhasus levels for marriage preparations to study the Uqudulujein book written by Sheikh Nawawi Al-Bantani, in this book reviewed several topics including : a). Wife's Right to Husband b). The saga of the reward of bad wife's morals c). Obligatory husband's right to wife d). classification of parts of people who will be put into hell and heaven e). The virtue of women performing prayers at home f). Maintain a view of the non mahrom. Secondly, financial preparations, in addition to science at this cottage, are also prepared financially by fostering entrepreneurial students, there are those who sell food, and some make handicrafts such as krudung accessories, bracelets, piggy banks. This is a form of guidance for religious teachers to students in preparation for marriage and family financially and in life skills.

Third Mental Preparation, In this phase students takhosu especially given the duties and responsibilities by the teacher as patrol (picket) in turn in the ustadzah house, this patrol task takes care of the teacher's home from starting cleaning the house, cooking, caring for children, and others as pran mom should be. Starting from waking up until late afternoon.

Fourth, social preparation, in preparing the readiness for marriage and marriage of the students by the student teacher to be able to socialize to face both peers or above, in this case there is a guard picket program, the aim is to serve the guardian parents who come to visit or others who have needs with the pesantren, the picket officer is expected to be able

to communicate well when faced with it, this is a provision later when students face marriage they must be good at socializing with the couple's family. Both in-laws, neighbors, and others. Five Spiritual Preparations, These preparations are also called ruhiyah preparations, in this case preparations before marriage the teacher recommends that santri perform Istiqarah prayers in order to ask Allah for guidance and draw closer.

### **B. Guidance and Counseling Program for Marriage and Family Readiness at the Office of Religious Affairs (KUA) Cigombong Subdistrict, Bogor**

Marriage and Family Readiness Guidance and Counseling Program for prospective brides at the Office of Religious Affairs (KUA) of Cigombong District through the *sakinah* family foundation module published by the Ministry of Religion. The coaching program for the bride and groom is held on Wednesday at 09:00-12:00 by attending one meeting, if the bride and groom do not attend the coaching the marriage book will be given three months later after the marriage contract.

### **C. Guidance and Counseling Program for Married and Family Readiness for Madrasah Aliyah (MA) students**

Marriage readiness guidance and counseling program for Madrasah Aliyah (MA) students refers to Permendikbud No. 111 of 2014, through basic services that refer to readiness in the field of personal services (*Jasadiyah*), social fields (*Ijtimaiah*), learning fields (*Ilmiah*) and career fields (*Maaliyah*) The guidance and counseling program for getting married and having a family in accordance with Ministry of Education and Culture Regulation No. 111 of 2014 has 12 components including a). Rational b). Legal Basis c). Vision and Mission d). Description of Requirement e). Purpose f). Program components g). Field of service h). Operational Plan i). Topic Development j). Reporting Evaluation k). Infrastructure Facilities l). Budget.

## **Conclusion**

Researchers have carried out research porses with the title "Guidance and Counseling Program for Marriage and Family Readiness for MA Students." From the results of the above research process series, the following conclusions can be drawn:

first the guidance and counseling program for marriage and family readiness at Alamin Islamic Boarding School is explicitly not yet available, but in the implementation of the marriage and family preparation counseling and counseling program at Al-Amin Islamic Boarding School, it is carried out in the form of *Uqudulujein* classic book studies in *Tsalasa Tsanawi* class.

Second: Guidance and counseling programs for marriage and family readiness for the bride and groom at the Office of Religious Affairs (KUA) are held once on Wednesday, starting at 09:00-12:00. Through the *sakinah* family foundation module published by the Directorate of KUA of the Ministry of Religion of the Republic of Indonesia.

third Marriage guidance and counseling readiness program for Madrasah Aliyah (MA) students based on Permendikbud No. 111 of 2014. Annual guidance and counseling program structure, namely: rational, legal basis, vision and mission, description of needs, goals, program components, service areas, plans operational, topic development, evaluation of reports and follow-up, infrastructure, and budget. Guidance and counseling programs for marriage and family readiness for Madrasah Aliyah (MA) students through basic services that refer to readiness in the private field (*Jasadiyah*), social field (*Ijtimaiah*), learning field (*Ilmiah*) and career field (*Maaliyah*)

## References

- Caraka Putra Bhakti,, *Program Bimbingan dan Konseling Komprehensif untuk Mengembangkan Standar Kompetensi Siswa*, Jurnal Konseling Andi Matappa, Vol. 1 No. 1 Februari 2017.
- Marah,” *Jurnal Perempuan Agama dan gender*” Vol. 17, No. 2, 2018, Hal. 151-165
- Nailaufar U, Kristiana F, *pengalaman menjalani kehidupan berkeluarga bagi individu yang menikah di usia remaja*, Jurnal Empati, tahun 2017 Vol 7 No 3
- Rizqi Maulida Amalia, Muhammad Yudi Ali Akbar, Andi Matappa Vol 1 Number 2 August 2017. Pg 125-130 p-ISSN: 2549-1857; e-ISSN: 2549-4279
- Fillah, Salim A. 2017, *Bahagia Merayakan Cinta*. Jogjakarta : Pro U Media.
- An-nu’aimi, Thariq Kamal, 2015, *Psikologi Suami Istri (terj Saikulujjyah ar-Rajulu wa Al-Mar’ah, cet. 19)*. Yogyakarta. Mitra Pustaka
- Proceeding Konvensi Nasional XXI *Asosiasi Bimbingan dan Konseling Indonesia Bandung*, 2019